



SPEAK ENCOURAGING WORDS AND SCRIPTURES TO EACH OTHER

🕒 15 Minutes

PURPOSE:  Practice speaking encouragement to each other

This Sunday, let's speak some courage into each other. Through the unique perspectives we all have, scriptural truths we understand, and the leading of the Holy Spirit, we are well equipped to encourage each other!

Being equipped to encourage, some may find saying encouraging words to each other easy, while others will find an opportunity to practice to be very helpful. Maybe we'll feel intimidated by saying something positive towards others. Maybe we need to check our pride so we can elevate someone else even if it risks them not elevating us back. We could even be concerned that our words may not come across as authentic. But in spite of any of our fears and concerns, the Lord shows His love for us every day through encouragement from the Holy Spirit and scripture. So in the same way, we can love each other through encouragements.

This Sunday, let's practice speaking encouraging words to each other, which will also help prepare us to say encouraging words to others throughout our lives.

SETUP:  Have a slide with today's focus and a timer to know when to finish.

INSTRUCTIONS:

 Organize Members  Leader Instructs  Members Practice  Reflect and Report



1

Have everyone stand up and find a partner to sit next to during this time. Pause to make sure everyone finds a partner.



2

In less than one minute, explain the vision for this time. Emphasize the importance of speaking encouragements to each other. You can share a scripture or a personal example to help.



OVERFLOW

WEEK 13

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3

Instruct each pair to share with each other for 3 minutes about any challenges going on or areas they are praying through at the moment. As they listen to each other, they will have an opportunity to pray for each other and speak encouragement to each other. After 3 minutes of discussing, you will let them know when to start a time of prayer and encouragement.



4

Pairs take 3 minutes to discuss challenges or prayer needs in their lives.



5

Instruct the pairs to take 7 minutes to pray and speak encouragements to each other. They can speak encouragements before or after they pray. Encourage a moment to pause and listen for any prompting of the Holy Spirit on an encouraging word to say, prayer to pray, or scripture to share.



6

Pairs take 7 minutes to pray for and encourage each other.



7

Close by sharing this Overflow connection: Speaking encouraging words to each other prepares us to speak encouraging words to our neighbors. Have each person write down the name of one neighbor that they would like to say specific words of encouragement to this week.

LEADERSHIP REFLECTIONS:



What did you observe about the congregation encouraging each other?



How can the church continue to practice speaking words of encouragement to each other?